



Dear Parent/Guardian,

On a daily basis youth are bombarded with mixed media messages about body image, sexuality, and love. They are faced with incredible pressure to be sexually active and make difficult “adult-type” decisions. In a proactive approach to addressing this pressure, I have reached out to Reality Check to provide sexual health education presentations for your students.

Reality Check is a unique sexual and relational health education program geared towards guiding youth and young adults to make healthy choices for their bodies and futures. Through age- appropriate curriculum with medically accurate content, thought-provoking presentations, and engaging stories from positive role models, we empower students to see their value.

Starting on Monday, **April 30th from 5pm-6pm and for the next 3 consecutive Mondays thru May 21st** we will be speaking with your students on the following topics:

Sex & Your Health educates on the most common Sexually Transmitted Infections (STIs), prevention, and the benefits of pacing relationships.

Sex & Your Future explores future goals, the impact of sex on one’s future, unintended pregnancy, and the emotional side of sex.

Sex & the Media takes a look at how media affects perception of self-worth, body image, identity, views on sex, and relationships.

Healthy Dating & Relationships discusses healthy communication, love vs. infatuation, what healthy boundaries are and how to establish them, as well as signs of abuse.

We look forward to serving you and your child! For additional questions about Reality Check and content that will be discussed, please feel free to contact Gina Hollenbeck via e-mail. **If you do not wish for your child to receive sexual health or HIV/AIDS prevention education, please make a request in writing.**

With gratitude,

Eric D. Watkins
901.216.5848

Red Door Urban Missions

"From the city men groan and the souls of the wounded are crying out"

Purpose: Proclaim Christ

Passion: Changed Lives

Power: God's Power



PRESENTATION OPT-OUT FORM

If you do **NOT** wish for your child to receive sexual health education (Sex & Your Health; Sex & Your Future) please sign below & return with your student.

I, _____, do **NOT** wish for my child _____
NAME OF PARENT NAME OF CHILD

to receive comprehensive sexual health education.

PARENT SIGNATURE

DATE